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## Beer ad actor gets 21 months for child porn

**SMITH** A Toronto actor who played an outspoken Scotsman in a series of popular beer commercials was sentenced to 21 months in jail yesterday for disseminating child pornography online.

Justice Robert Clark told Robert Smith, 43, yesterday he will only be able to see his children under supervision once he is released from jail and he will only be able to have access to a computer while at work.

A father of two young children, Smith was charged with possessing child pornography in February 2006, five months after Toronto police first observed him downloading videos and images of sexually exploited children through the file-sharing program Limewire. He was also charged with distributing the illegal files as he had left many of them in his computer's shared folder, allowing other LimeWire users to access them.

Smith was best known for his role as the boorish Scotsman in a series of TV commercials for Alexander Keith's India Pale Ale. The brewing company pulled the ads shortly after his arrest.

TORSTAR NEWS SERVICE

## Entertainment p16



## Ono back with remix

## Your Money pg 9

## Pooch costs need not bite

## University of Ottawa Training Day



University of Ottawa men's basketball team captain Dax Dessureault fine-tunes his skills for the upcoming season at the university's Montpetit Hall yesterday. Dessureault will also be competing in the Milk Can-Am Shootout at Scotiabank Place this Saturday.

## Image of suspected robber released

**CRIME** Ottawa police are asking for the public's help in identifying an armed robber who held up a bank late last week.

Police yesterday released an image of a suspect, who is believed to be responsible for robbing a bank in the Glebe last Thursday.

At 7:30 p.m., a lone male armed with a handgun entered a Royal Bank in the 700 block of Bank Street and demanded cash.

He fled on foot with an

undisclosed amount of cash and was last seen heading eastbound on First Avenue. There were no injuries.

The suspect is described as a slim, English-speaking white male, between 18- and 25-years-old. He is between five-foot-10 and six-foot-one



Suspect in bank robbery

with a fair complexion with short reddish-brown hair.

He was wearing a dark grey corduroy jacket, a black baseball cap, dark sunglasses and was carrying a grey canvas bag at the time of the incident.

Anyone with information is asked to call the Ottawa Police Major Crime Robbery Section at 613-236-1222 extension 5493 or Crime Stoppers at 613-233-8477 (TIPS).

TRACEY TONG/METRO OTTAWA

# Province sends cash for transit

## Ottawa expects \$77.2M marked for infrastructure

TRACEY TONG  
tracey.tong@metronews.ca

**Ottawa's infrastructure will be getting a shot in the arm after the province announced an additional \$1.1 billion for Ontario's roads, bridges and transit infrastructure yesterday.**

The nation's capital can expect to see at least \$77.2 million of that money, which is a result of last year's provincial budget surplus, said Mayor Larry O'Brien following Premier Dalton McGuinty's announcement at the annual Association of Municipalities of Ontario conference at the Ottawa Congress Centre.

"The City of Ottawa has many infrastructure priorities including expanding our rapid transit system, upgrading our sewers to reduce contamination of our rivers, improving major roads and upgrading technology," said O'Brien.

"We will be approving our first phase of transit investments this fall and have pledged to improve our storm water management to stop spilling untreated water into the Ottawa River," O'Brien said.

The city faces two charges under the Ontario Water Resources Act for a 1.2-billion-litre sewage spill into the Ottawa River

## Short-term jobs

• Premier Dalton McGuinty said the one-time investment will create roughly 11,000 short-term jobs in the province and in the long term will make Ontario's more competitive.

"We're creating jobs for families and making our communities stronger," he said.

back in 2006.

"These are both considered priority projects," said O'Brien, "but the final decision rests with council and will be debated as part of the 2009 budget process."

The mayor said city staff continually update Ottawa's priority list for infrastructure projects, so the city is in a good position to apply for this new funding.

The City of Ottawa has introduced a two per cent infrastructure renewal levy to fund new projects and today's announcement from the province will allow for faster completion of major projects across the city.

The announcement was triggered by the release of the 2007 and 2008 public accounts, which show a \$600 million surplus for the past fiscal year.

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**Cop honoured for contributions to traffic safety**

A recently retired Ottawa police officer has won a Transport Canada safety award. Sergeant Rick Lavigne was presented with this year's Road Safety Lifetime Achievement Award at the Canadian Association of Chiefs of Police gala awards banquet in Montreal earlier this week. **OTTAWA POLICE**

# Ottawa



## Hit-and-run driver wanted

Ottawa police are asking for the public's help in identifying the driver involved in a hit-and-run collision that left a 19-year-old female cyclist with serious injuries in Orleans Sunday. Witnesses describe the vehicle as being similar to a black mid-1980s Buick Grand National or Chevrolet Monte Carlo. This vehicle may have sustained front-end damage as a result of the collision. Anyone with information is asked to call the Ottawa Police at 613-236-1222, ext. 2481. **OTTAWA POLICE**

## Police seeking restaurant robber

**THEFT** A knife-wielding man in disguise robbed a Gatineau restaurant early yesterday morning.

At 3:11 a.m., a man walked into the Patio-Vidal restaurant at 411 St.-Rene East Boulevard and, brandishing a hunting knife, demanded cash from the 30-year-old waitress who was working alone, said Gatineau Police Constable Isabelle Poirier.

She gave him an undisclosed amount of money. There were no injuries and no customers in the restaurant at the time of the incident, said Poirier.

The suspect is described as a French-speaking white male, between 30 and 40 years old, approximately 5'10" and weighing between 170 and 190 pounds.

Anyone with information is asked to call Gatineau police 819-243-2346.

TRACEY TONG/  
METRO OTTAWA

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What's online today.

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**Check** movie showtimes, trailers and reviews at metronews.ca/movies  
**Play** online Crosswords and Sudoku!

# Listeriosis death toll in Ontario rises to 12

KATHRYN YOUNG  
for Metro Ottawa



**The City of Ottawa has not reported any new cases of listeriosis and still has only two cases — one confirmed and one still under investigation — linked to the recall of tainted meat at a Toronto meat packing plant, but the total number of deaths in Ontario now stands at 12, Barre Campbell, city media relations officer, said yesterday.**

Ontario's health ministry reported yesterday there are now 33 cases of listeriosis in the province, with 20 linked to the nationwide Maple Leaf Foods recall and 13 under investigation.

Results of Ottawa's investigation are expected

later this week, city media relations officer Barre Campbell said yesterday, adding that more cases are expected since the incubation period for the potentially deadly illness can be up to 70 days.

Ottawa public health officials have been scouring the community to ensure no tainted products are still available.

"We are confident there are no products on the shelf that should not be there," Campbell said.

"Inspectors are surveying the situation quite efficiently."

The recall may be the biggest in Canada's history, said Jim Laws, executive director of the

Canadian Meat Council.

"The numbers are yet to be tallied on this one," Laws told Metro Ottawa yesterday. "This is the worst nightmare you can possibly imagine."

The recall began with a few brands, but has expanded to as many as 220 products.

Despite the recall, Canada's meat supply is among the safest in the world, he said, adding that after the SARS scare of 2003, the entire inspection system was improved to allow officials to pinpoint problems much faster.

**"This is the worst nightmare you can possibly imagine."**

Jim Laws, Canadian Meat Council

OnlineVideos  
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## News in brief

**ASSAULT** A 34-year-old Manotick man has been arrested and charged with sexual assault and sexual interference involving a six-year-old girl, Cornwall police said yesterday. Police alleged that the man sexually assaulted the child of an acquaintance in Cornwall on Aug. 19 by inappropriately touching her. The man, whose name is withheld to protect the identity of the underage victim, appears in court on Oct. 2.

**EVENT** Tomorrow morning, the Ottawa Mission is holding its third annual Picnic in the Park for residents and clients at MacDonald Gardens Park near the corner of Rideau Street and Cobourg Street. The event offers free hot dogs, dunk tanks and a performance by a cover band for those who might not usually get to experience it.

TRACEY TONG/METRO OTTAWA

## Carleton pioneers new engineering program

Among the thousands of post-secondary students heading to school next week will be a new breed of engineer — green.

Carleton University has 30 first-year engineering students enrolled in a new program — Bachelor of Engineering in Sustainable and Renewable Energy — the first of its kind in Canada, said Rafik Goubran, Dean of Carleton's Faculty of Engineering and Design.

"We know there will be a huge industry demand for our graduates," Goubran said. "Employers have been very positive about it."

While half of the green engineering students will

**"Employers have been very positive about it."**

Rafik Goubran

focus on power generation and distribution, such as designing energy-efficient power grids or electric-gas hybrid cars, the other half studies efficient energy generation and conversion, such as wind or solar power.

When these students graduate, they will find jobs with utilities, municipalities, consulting firms, government and industry.

KATHRYN YOUNG/  
FOR METRO OTTAWA



Zoé Labelle-Proulx, left, her older sister Alyssa Labelle and their mother, Irene, play at a park near their downtown home yesterday. The family is getting the keys to their new energy-efficient home tomorrow.

## Habitat for Humanity is building green

KATHRYN YOUNG  
for Metro Ottawa



gy than regular homes, they make sense for the low-income families Habitat serves.

"We're going to aim to keep them affordable for the families for many years," Montagner said.

Although the Labelle home's dedication ceremony takes place tomorrow, Labelle and her two daughters won't be moving in until about October because of a delayed gas permit.

Meanwhile, Alyssa, 11, and Zoe, 5, are already registered in their new school, so Labelle will have to drive them back and forth from their current home downtown.

"They're looking forward to their new school and playing outside," Labelle said, explaining that their downtown neighbourhood is not safe enough for outdoor play.

"I know it's there and it's being built, but until I move in I don't think it's going seem real," Labelle said.

New homeowner Irene Labelle will receive her keys tomorrow to the first-ever Energy Star-rated Habitat for Humanity home in Ottawa.

The long-awaited home, which features energy efficient windows, furnace, heat recovery ventilator, kitchen appliances and improved insulation in the attic and walls, was a challenge for Habitat.

Usually, they take whatever donations they can get, said Kim Montagner, coordinator of community and family relations.

"This year we were a lot more specific about what we wanted," she said.

Habitat hopes to have all its future homes certified as Energy Star — in particular two homes to be built in Orleans this fall, she said. Since Energy Star homes consume less ener-

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The federal government has designated 4,500 square kilometres of land and sea around Baffin Island as national wildlife heritage areas the CBC reported yesterday. The move protects parts of the Arctic island that are home to bowhead whales, migratory birds and other animals. **METRO NEWS SERVICES**

**Baffin Island lands become wildlife sanctuaries**

# Canada



## Claims flood Montreal

More than 1,000 residents and businesses have filed claims for damages after a torrential rain storm hit Montreal in early August, CBC News Online reports. The Aug. 2 storm dumped about 30 millimetres of rain in 10 minutes, causing extensive flooding in Anjou and Saint-Leonard, two northeast Montreal boroughs. A city official said it would take about six months for all claims to be investigated. **METRO NEWS SERVICES**

## Tories steer clear of debate on abortion

**The federal Conservatives have promised more severe punishments for crimes harming pregnant women as a pre-emptive election strike to counter accusations they could open a new debate on abortion rights.**

The proposal is intended to supplant a private member's bill by Alberta Tory MP Ken Epp that seeks to create a separate criminal offence for injuring or killing a fetus, something critics fear is a roundabout way of outlawing abortion. Justice Minister Rob Nicholson said yesterday he intends to introduce a bill in the fall that would force judges to consider whether the person injured or killed in an attack was pregnant as an aggravating factor in sentencing. The initiative would protect women, "but do so in a way that does not ensure fetal rights."

"Let me be clear. Our government will not reopen the debate on abortion," Nicholson said.

Epp said he was not consulted before yesterday's announcement, which came as a "surprise."

The bill went to great lengths to exclude women seeking an abortion from punishment under the criminal code, he said, but suffered from ignorance and poor communications support from the Conservatives.

The government's proposed solution is actually already before the House of Commons, put forward last May by Liberal MP Brent St. Denis (Algoma-Manitoulin-Kapuskasing) in a private members' bill that adds targeting a pregnant woman to a list of sentencing factors.

Judges currently take into consideration whether the crime was motivated by hate or terrorism, whether the victim was a minor or a spouse, or whether the act was per-

formed for the benefit of an organized crime group.

Joyce Arthur, of the Abortion Rights Coalition of Canada, opposed Epp's bill, but said her group would support the government proposal.

"We do support (St. Denis's bill) in a qualified way. If this government bill is basically identical to (it) then we could probably support that," she said from Vancouver.

Epp said St. Denis's bill falls short of the goal he had in mind, though he may support it as a half-measure.

Nicholson's announcement follows comments made by Liberal leader Stéphane Dion on Epp's bill, challenging Prime Minister Stephen Harper to state his views on abortion rights last Thursday, something Harper's office has characterized as a pre-election smear.

**TORSTAR NEWS SERVICES**

**"Our government will not reopen the debate on abortion."**

Rob Nicholson

## Knockoffs Counterfeit case



Sharon Franks of the RCMP shows off counterfeit designer handbags from a recent raid of a Calgary business yesterday. About \$5 million in goods, including Louis Vuitton, Prada and Burberry fakes, were seized during the bust.

## News in brief

**VOTE** A fall election looms ever closer after Liberal Leader Stéphane Dion told Prime Minister Stephen Harper he's too busy to meet for two weeks, a delay a government official said could be the trigger for a vote. Agreeing to Dion's proposal to meet on Sept. 9 would preclude the Conserva-

tives from forcing a general election call before three Sept. 8 by-elections in Ontario and Quebec.

**ORGANS** Thousands of Ontario 16-year-olds will be forced to think about death through a powerful course on the ethics of organ donation. In a bid to

spread awareness of Ontario's organ donor crisis — the waiting list now tops 1,710 — Queen's Park has helped fund a course to be tested this fall in 240 schools. The lesson plans are based on real Canadians who donated hearts, kidneys, livers and lungs, and their recipients. **TORSTAR NEWS SERVICE**

## N.S. police issue drug warning after inmate's death

**HEART ATTACK** Halifax police yesterday issued a warning about the dangers of illicit drugs after an inmate at a federal halfway house died on the weekend.

Bruce Reginald Smith, 27, of Bridgewater, N.S., died in police custody Saturday after a brief escape from the Carleton Centre at 5853 College St. around 2:30 a.m.

Staff at the centre called police when Smith and another inmate showed signs of intoxication.

When police arrived, Smith fled to an upstairs washroom and leapt out the window. He was caught and took him to hospital for cuts and scrapes but he had a heart attack and died just after 7 a.m.

The other man was arrested without incident.

Police still don't know how Smith died, but say it was likely related to drugs.

Theresa Rath, spokeswoman with the Halifax Regional Police, said an autopsy was performed Saturday, but further tests are required to determine the cause of death, adding "it

could be weeks" before results are in.

According to decision information from the National Parole Board, Smith has had a lifelong problem with drugs.

His criminal record has been continuous since 1996, including numerous violent and non-violent crimes. **METRO CANADA**

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**Alberta surplus to be a few extra billion: Spokesman**

Alberta's budget surplus will be larger than expected again this year, but a government spokesman is warning that falling energy prices will limit the windfall to a few extra billion. A report released in June by CIBC World Markets projected the surplus would reach \$12 billion in 2008-09. **CBC NEWS ONLINE**

**CNE Conquering fears**



Eric Spurrell battles his fear of heights by plummeting 40 metres in roughly two seconds on the Mega Drop at the CNE in Toronto yesterday.

# **Court hears final arguments in abduction case**

KRISTEN THOMPSON  
Metro Canada

The five men accused of kidnapping former University of B.C. student Graham McMynn had different levels of involvement in the abduction, but each participated in some way and are therefore complicit, argued Crown prosecutor Richard Cairns in B.C. Supreme Court yesterday.

Cairns summarized his evidence in the final phase of the six-month-long trial. In April 2006, McMynn, 25, was forced from his car at gunpoint and kept blindfolded and handcuffed in a closet for eight days before RCMP rescued him from a Surrey home.

Cairns reshaped DNA, fingerprint, cellphone and eyewitness evidence he said proves all five men were involved, albeit in different ways, in the kidnapping or confinement of McMynn.

## **October verdict**

Final arguments are expected to last several days and Justice Arne Silverman will likely reach a verdict in October.

"(Mere) presence ensures against escape, thus ensuring a continuance of the (crime)," said Cairns.

He said that seeing a crime and providing no opposition, or encouraging it by taunting a victim, constitutes aiding and abetting.

One of the accused, for example, Van Van Vu, allegedly brought food and DVDs to the kidnappers and told a friend not to be nice to the victim.

However, defence lawyers said the Crown's evidence is circumstantial and doesn't prove the accused are guilty of kidnapping.

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Vast swaths of U.S. Pacific Ocean waters could be protected as marine sanctuaries or monuments, the White House said yesterday, drawing praise from environmental groups. **REUTERS**

# World



## Thatcher has dementia

Former British prime minister Margaret Thatcher, 82, has been suffering from dementia for the past seven years, according to her daughter, Carol. These days, the "Iron Lady" often struggles to remember things and repeats questions.

**REUTERS**

# Michelle Obama leads way at DNC convention



Michelle Obama, wife of presumptive Democratic nominee U.S. Senator Barack Obama, waves to the crowd last night during Day 1 of the Democratic National Convention in Denver.

**Democrats opening their national convention tried to portray Barack Obama as a down-to-earth American patriot bidding to make history, led by his wife, Michelle Obama.**

The aim of the first day was to frame the Democratic Party leader's personal story and the keynote speaker was his wife. In excerpts from her prepared remarks, she

seemed to want to dispel Republican charges that Obama is an aloof celebrity.

"And in the end, after all that's happened these past 19 months, the Barack Obama I know today is the same man I fell in love with 19 years ago," she said.

Michelle Obama also put a gloss on her own assertive personality. She has

drawn fire from Republicans for saying she only recently became proud of her country.

"I come here as a wife who loves my husband and believes he will be an extraordinary president. I come here as a mom whose girls are the heart of my heart and the centre of my world," she said.

Speaking to reporters in Illinois, the first-term sena-

tor tried to calm anxiety among some Democrats about a mild slide in opinion polls that has left him in a dead heat with Republican candidate John McCain heading toward the Nov. 4 election.

He said his nomination acceptance speech Thursday would be "workman-like," short on lofty words and long on policy details.

**REUTERS**

## China missed chance to show rights progress: U.S.

**CHINA** China missed an opportunity to show progress on human rights and religious freedom during the Olympic Games, the White House said yesterday after eight Americans were deported for protesting.

U.S. President George W. Bush attended the opening ceremony and several events despite pressure from U.S. lawmakers and activists who said his presence could legitimize the Chinese government's suppression of freedom of speech and religion.

During meetings with Chinese leaders in Beijing, Bush pressed them to be more accommodating and allow wider freedom of speech and religion.

But that encouragement appeared to fall short, as

## Media troubles

• Reporters Without Borders counted some 100 cases where journalists or Internet bloggers covering China outside Olympic venues were harassed, detained and, in a few cases, beaten or jailed.

none of the 77 applications that citizens submitted to protest legally in designated Beijing parks was approved and two elderly applicants were sentenced to one year in labour camps.

As the Olympics closed, eight American supporters of Tibet were deported for trying to protest against the Chinese government, according to Students for a Free Tibet.

**REUTERS**

## Russians urge recognition

**RUSSIA** Russia's parliament urged the Kremlin yesterday to recognize two rebel regions of Georgia as independent states, raising alarm in the West.

Both houses of Russia's parliament endorsed non-binding resolutions urging President

Dmitry Medvedev to recognise the pro-Moscow breakaway re-

gions of South Ossetia and Abkhazia.

These resolutions may signal that Medvedev himself intends to grant recognition, or simply be a Kremlin bargaining chip.

Medvedev, who under Russian law takes the ultimate decision on recognition, did not comment on the votes.

**REUTERS**

## News in brief

**GUILTY PLEA** A booking agent for a prostitution ring whose clients included former New York governor Eliot Spitzer pleaded guilty yesterday to a charge of violating the Travel Act, which bans crossing state lines to carry out illegal business such as prostitution.

**CALIFORNIA** California's large-scale tobacco control campaign has saved \$86 billion in health-care costs in its first 15 years, U.S. researchers said

yesterday. The reduction in health costs, based on 2004 dollars, represents about a 50-fold return on the \$1.8 billion California spent on the program, they said.

**HAITI** The Atlantic hurricane season's seventh tropical storm formed in the central Caribbean yesterday and could strengthen into a hurricane before striking vulnerable Haiti, the U.S. National Hurricane Center said.

**REUTERS**

## Infections behind premature births?

**STUDY** Undiagnosed infections may be causing a significant number of premature births, Stanford University researchers reported yesterday after finding bacteria or fungi in 15 percent of the amniotic fluid samples taken from women in pre-term labour. The heavier the infection, the more likely the women were to deliver younger, sicker infants.

**REUTERS**

## Teenage suicide bomber surrenders

**IRAQ** A teenage Iraqi girl wearing a vest packed with explosives turned herself in rather than go through with a suicide bombing in the violence-torn city of Baquba north of Baghdad, police and the U.S. military said yesterday. She surrendered and was detained on Sunday. Estimates on her age differ, ranging from 13 to 17.

**REUTERS**

## Georgia Locals celebrate



Locals rejoice while holding South Ossetian and Russian flags in the South Ossetian city of Tskhinvali. Russia's parliament has approved resolutions calling for the recognition of the two rebel regions of Georgia as independent states.

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Oil prices rose yesterday as Tropical Storm Gustav formed in the Caribbean, stirring concerns that it could disrupt oil and gas output. Gustav, the seventh Caribbean storm this season, is expected to hit the Dominican Republic and Haiti. **REUTERS**

# Business

EDITOR: FERMIN DESOUSA, FERMIN.DESOUSA@METRONEWS.CA

DOLLAR			OIL		
					
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	0.21¢ US\$	\$1.0509			\$0.52

## Maple Leaf shares plunge as costs of recall mount

Initial \$20M estimate likely to be exceeded, CFO says

**As the listeriosis death toll escalated yesterday, investors dumped Maple Leaf Foods Inc. shares amid uncertainty about the recall's long-term effect on Maple Leaf's business and brand image.**

Company officials warned yesterday that the costs tied to the recall could well exceed its initial \$20 million estimate. Chief financial officer Michael Vels said that estimate doesn't include future lost sales or increased spending on ads to lure customers back to its products in the wake of a nationwide listeriosis outbreak that health officials yester-

**"Damage control and financial minimization at a time like this has not even been considered."**

Michael Vels, Maple Leaf CFO

day linked to 12 deaths.

Vels also indicated the company is prepared to spend whatever it takes to restore its good name, but couldn't give an exact estimate. The \$20 million earmarked so far is to cover the cost of reimbursing customers for returned products and sanitizing the plant involved.

"Damage control and financial minimization at a time like this has not even

been considered," Vels told analysts on a conference call yesterday. "As an investor, that may not be what you want to hear, but 100 per cent of our focus over the weekend has been to identify to our customers the roughly 220 products we're recalling to make sure they're returned to us for disposal."

Shares of Maple Leaf sank \$1.00 or 10.2 per cent to \$8.80 on the Toronto

Stock Exchange yesterday. Maple Leaf's shares have plunged 21 per cent since the company issued the first product recall a week ago after the company and the Canadian Food Inspection Agency said two brands of sliced meat could be contaminated with *Listeria monocytogenes*.

The conference call was the latest in a series of public relations moves the company has made to try to reassure customers it is putting their interests first, a strategy for which Maple Leaf Foods is receiving high praise.

**TORSTAR NEWS SERVICE**

## Tokyo Skinny and blingy



A staff places a Swarovski sticker with a 1 mm titanium ball on an ear during a demonstration of "Slim B'z" diet method, which combines fashion and appetite-suppressing pressure point treatment, at the Diet and Beauty Fair in Tokyo yesterday.

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## New solar plant in Quebec

**QUEBEC** After a 17-month search that spanned 16 countries and over 100 possible locations, Norway's Renewable Energy Corp. (REC) has picked the small Quebec community of Bécancour as the home of a new \$1.2-billion solar materials plant.

It's a huge win for Quebec, which will see 1,000 jobs created during the construction phase of the plant and about 300 permanent "green collar" jobs. The plant will manu-

facture polysilicon used to make solar cells and semiconductor.

British Columbia and several U.S. sites were also considered, but what attracted REC to Quebec was its vast supply of hydroelectric power, said chief executive Erik Thorsen.

Premier Jean Charest played up his province's advantages yesterday. Its contract with REC assures that a significant portion of the investment will go to Quebec suppliers, gen-

### Green power

REC also signed a 20-year power supply agreement with Hydro Quebec, to secure a stable supply of relatively cheap renewable electricity. This allows REC to make silicon — and up the value chain solar cells and panels — with a low-carbon footprint.

erating nearly \$20 million in tax revenues yearly.

**TORSTAR NEWS SERVICE**

## Jazz removes life vests to save on fuel

**TRANSPORTATION** Air Canada's carrier Jazz has removed inflatable life vests from its planes to save weight, a spokeswoman said.

The airline carries both flotation devices (seat cushions) and life vests, and "Transportation Canada regulation stipulates only one means of flotation is required when we're operating flights within 50 nautical miles from shore," Manon Stuart said.

Life vests for babies have not been removed, she added. Moreover, the airline has adjusted some routes so that the planes remain within the 90-kilometre government limit.

**CBC NEWS ONLINE**

### In brief

**ACQUISITION** Q9 Networks Inc., a data center and network management services provider, will be bought by private-equity firm Abry Partners for about \$361 million, the companies said yesterday.

**REUTERS**

**OTTAWA** Health Canada deemed four industrial chemicals — DEGME, 2-MEA, 2-Methoxypropanol and 2-EAA — "high hazards" to humans.

**CBC NEWS ONLINE**

## Wireless carriers wage war on technology lines

**TORONTO** For Canadian gadget-lovers, this summer was all about Rogers Wireless and its 3G network.

The giant scored two huge launches this summer with Apple Inc.'s iPhone 3G and Research In Motion Ltd.'s BlackBerry Bold, both GSM phones that feature high-speed mobile browsing.

While Bell Mobility and Telus Corp. offered other new phones, both carriers would likely have wanted the iPhone and the Bold.

The main obstacle is the two carriers' wireless network CDMA technology. Although not technologically inferior, CDMA is slowly be-

ing pushed to the margins as wireless carriers outside North America move toward GSM standards.

GSM's emerging global dominance has translated into a key competitive advantage for Rogers, which operates Canada's only national GSM network.

That's because handset makers tend to release GSM devices months before CDMA versions, if at all.

While subscribers don't spend much time considering data technology, they do pay attention to which carriers are first to offer the latest handsets and services. **TORSTAR NEWS SERVICE**



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business 9

## Your Money

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONews.ca

# Putting a leash on pampering the precious pup

## Smart Cookies



smartcookies.com

Our beloved (and slightly anxiety ridden) Smart Cookie mascot, Lucy, is one pampered pooch. We'll admit that before becoming a Smart Cookie dog, she was decked out in designer collars, sleeping in the most luxurious doggie beds and cuddling with a new squeak toy weekly.

Now that she is representing Smart Cookie dogs everywhere, we had to reign in the leash on our spending. Here are our favourite tips for dog lovers:

## Don't cheap out on your dog's food.

What your dog eats is important to their overall health. If you are a follow-

**"If you do take your dog to doggy daycare or hire a dog walker, ask about packages and referral incentives. Often it is cheaper to buy a package instead of individual visits and, if you refer someone, you might get a few free walks."**

er of the raw-food movement, rather than buying gourmet pre-packaged meat and vegetables, head to the local market for your veggies and to the butcher for your raw meat. And while you're at the butcher, ask for a free shin bone for your dog — you'll save yourself at least \$10 by not having to buy it at your local pet store.

## Doggie daycare/dog walkers can add up.

Lucy used to have a dog walker five days a week at \$20 a day. Now we switch off walks with a friend we met at the daycare — he gets off early twice a week and walks both dogs and we do the same, saving us \$80. If you do take your

dog to doggy daycare or hire a dog walker, ask about packages and referral incentives. Often it is cheaper to buy a package instead of individual visits and, if you refer someone, you might get a few free walks.

## Save on toys.

Pet stores can charge up to \$15 for stuffed toys for dogs. And generally the toy is missing an eye within the first hour. Instead, buy your toys from a thrift store for 50 cents and under. After a good wash, they are as good as new.

## You wouldn't go without health care, so why would your dog?

Pet insurance can save you thousands over the



Pet insurance can save you thousands over the years. For less than \$35 a month, you can purchase a policy that covers everything from diagnostic testing, accidents and illness.

years. For under \$35 a month, you can purchase a policy that covers everything from diagnostic testing, accidents and illness. Our favourite is Vet Insurance (vetinsurance.com) because of its low deductibles (10 per cent of the total bill) and its high lifetime coverage of \$20,000. To take full advantage of the low monthly cost, make sure to sign up your dog before their first birthday.

## Don't buy, adopt.

If you are in the market

for a new pooch, consider adopting your pal from the SPCA. You will save yourself hundreds upfront and in some cases may even be eligible for a charity tax receipt. If you have your heart set on a particular breed, try researching rescue agencies. From boxers to beagles, most breeds have a rescue group specific to them.

If you have questions or comments for the Smart Cookies, please e-mail [smartcookies@metronews.ca](mailto:smartcookies@metronews.ca).

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Tune in Wednesday night at 9 p.m. EST/PST on the W Network and be sure to visit [smartcookies.com](http://smartcookies.com) for more tips.

## Investing

Allan Small



The Tax Free Savings Account is ideal for all investors. Find out why from this week's column at [metronews.ca](http://metronews.ca)

## Before you sign any contract: 10 things you need to know

You've decided to get that cellphone, credit card, or gym membership. Keep this in mind:

• **Shop around!** Understand exactly what each company is offering. The more you know, the more you can negotiate. Compare price, guarantee/warranty, duration of contract, and any terms or conditions that are important to you.

• **Know who you're dealing with.** Reputation is important, so ask friends or family for references. If you are not sure about a company's reputation, check with the Better Business Bureau or investigate a company online at [cbbb.ca](http://cbbb.ca).

• **Negotiate!** Most contracts can be negotiated. Use the information you gathered while shopping around to get the best service and price. If the company or individual wants your business, they will listen to your arguments. Don't feel pressured — it is your decision to make!

• **Pay attention to details before signing a written contract.** Don't rely on verbal promises; make sure any agreements or claims made by the salesperson are written into the contract. Strike out elements you do not want to sign for and have them initialed by you and the salesperson before you sign. Fill all blank



Understand everything in the contract. Ask questions.

spaces so that details cannot be added later by the salesperson.

• **Understand everything in the contract before agreeing to it.** Ask more questions or someone knowledgeable for advice if there are elements you don't understand. And don't forget the fine print; it is part of the contract too! If you feel you need to, have a lawyer review the contract.

• **Find out whom to call for help or to lodge a complaint.** Ask the salesperson for a customer service phone number and the steps to take if you need to make a complaint.

• **A contract means you are responsible.** It is a legal document, so you will have to live with what you agreed to. Generally, a contract cannot be changed or broken unless you and the other party both agree (see next tip).

• **Know how to get out of it.** Usually, a short period of time is allowed to end a contract without penalty; it's called the "cooling off period" and it should be described in the contract. If not, it doesn't mean you don't have access to it, so check with the Consumer Protection Act of your province. Otherwise, to end a contract before it is over, both parties have to agree and most of the time, it will cost you!

• **Sleep on it!** Is this what you really need and want? It's OK to change your mind before signing or agreeing to a contract.

• **Once you've agreed to a contract, make sure you get a copy — and keep it!** You may need it later on for reference, or to launch a complaint if you have a problem.

NEWS CANADA

## Getting some cash out of bricks

**Q** My parents are seniors and would like to help my brother with a down payment for a house. A financial institution proposed a loan that has zero interest and principal monthly payments. The amount does not have to be repaid until their house is sold. Will this affect their pension?

Bernie

**A** No. This will not affect their Old Age Security or Supplement, nor is it taxable. Reverse mortgages have become increasingly popular in Canada, allowing senior homeowners to access some of the equity in their home.

The concept itself is not new. Homeowners have always used the equity in their home for adding a nursery room, finishing the basement or renovating their kitchen. Of course, the increased monthly payments were no fun, but everything comes with a cost.

A reverse mortgage has taken this a notch up. Available to homeowners over the age of 60, it allows

## MoneyMatters

Henry Choo Chong

[choochonghcg@yahoo.ca](mailto:choochonghcg@yahoo.ca)

house-rich seniors to access equity in their homes for a trip around the world, to fix up their home, help out their children or whatever they like.

The biggest player in this market is CHIP Home Income Plan. CHIP will loan seniors up to 40 per cent of the market value of their home and requires no monthly payments.

The loan plus interest is due only when house is sold or you move. This can be appealing to some senior that do not want increased monthly payments but want to take some cash out of their bricks.

However, your parents should consider the effects of a reverse mortgage:

- The loan can balloon to more than triple its principal amount in 15 years. Yes, it's investment interest compounding in reverse.



The concept of reverse mortgages is not new.

- Less equity in home survivors. Whatever taken out now, leaves substantially less for the kids.
- The interest rate for reverse mortgages is generally higher than other loans.
- If need arises, less equity for the homeowner.

Henry Choo Chong, CGA provides professional accounting and taxation solutions, [choochonghcg@yahoo.ca](mailto:choochonghcg@yahoo.ca).

The Toronto Argonauts released veteran safety Orlando Steinauer yesterday. The 35-year-old Steinauer, who has spent the past eight seasons with the Argonauts, is a three-time CFL All-Star. **METRO NEWS SERVICES**

# Sports



## Brady expects to play

New England All-Pro quarterback Tom Brady, left, expects to play in the Patriots' season opener versus the Kansas City Chiefs on Sept. 7. The NFL's reigning Most Valuable Player, Brady has been plagued by a foot injury this summer and has not played in the preseason. **Metro News Services**

EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONEWS.CA

## Giants use Kiwanuka to plug hole

**NFL** The New York Giants moved Mathias Kiwanuka back to defensive end yesterday.

The move was designed to replace the injured Osi Umenyiora, and decreases the chances that the defending Super Bowl champs will



Kiwanuka

make a push to lure Michael Strahan out of retirement.

The New York Daily News reported that Strahan, the Giants' all-time sack leader, would consider coming out of retirement for \$8 million US and "a few kind words."

**METRO NEWS SERVICES**

# COC needs to get off nest egg

Expert questions why Olympic organization isn't spending \$180M pot

## YorkReport

**Marty York**

The Canadian Olympic Committee has more than \$180-million in trust and should start using some of that money to subsidize our athletes, according to the most prominent private fundraiser in this country. **Jane Roos**, who has in the past decade provided hundreds of thousands of dollars to our Olympians from donations to her [www.canadianathletes-now.ca](http://www.canadianathletes-now.ca) website, told Metro

in an interview yesterday she knows "for a fact" the COC is keeping quiet about its bulky trust fund.

"Even though the COC constantly cries poor," Roos said, "they have plenty of money to give to our athletes. That's not common knowledge, but it's the truth."

Roos was irked yesterday by a Globe and Mail story in which COC chief **Chris Rudge**, reflecting on Canada's performance at the Beijing Olympics this month, was quoted as saying he is appealing to Prime Minister **Stephen Harper** for \$30-million in order to make Canada more competitive at the next Summer Games, in 2012 at London.

"Rudge

## Figures, not facts?

• The COC has declared that Canada successfully reached its goal of finishing in the top 16 nations in Beijing by tying for the 14th-highest medal total but prominent Canadian Olympic fundraiser Jane Roos

argues that the authentic medal standings, which counts golds, placed Canada 19th. "The COC wants Canadian people to think we did better than we actually did," Roos said, "and that's just wrong."

should get the money from the Government, yes," Roos said, "but use some of the \$180-million-plus the COC has in trust, too. What is that money put aside for? You can never get a straight answer from the COC. There's no accountability. There's no transparency within the system."

"But that money's there, for sure. Most of it came from Calgary (the 1988 Winter Olympics). So what's the COC doing with all of it? Why are our athletes not getting enough money to compete properly?"

ly?"

Metro could not reach Rudge for answers yesterday — sources said he was unavailable because he was travelling — but Roos said she wonders why the COC needs five offices.

"They have offices in Calgary, Toronto, Montreal, Ottawa and Vancouver," Roos said. "What for? The U.S. Olympic committee has only one office. Does the COC need all the money it has to operate five offices or what? They just don't talk about it."

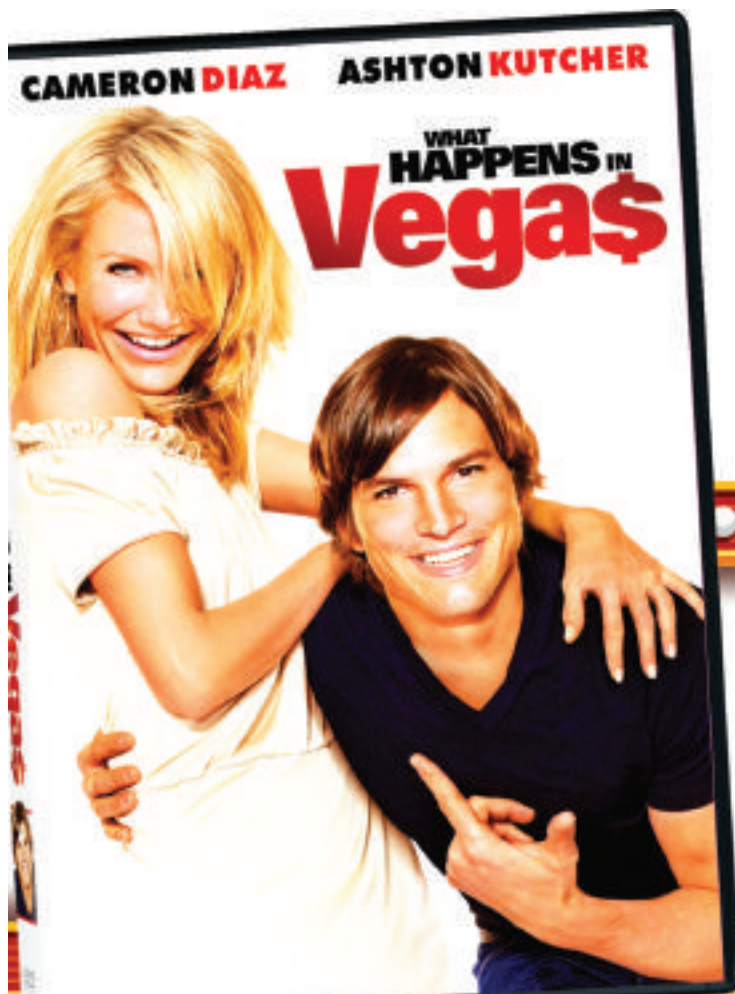
The COC does talk about

the fact that, for the first time, it's rewarding Canadian medal winners with cash. The three gold medalists in Beijing will receive \$20,000 each. The nine silver medalists get \$15,000 and the six bronze medalists, \$10,000.

But Roos insists there's still plenty of cash left to fund Canadian athletes for Olympic Games in the future.

"Our athletes won medals in Beijing despite the terrible system we have," she said. "Canadians realize now more than ever that our athletes are underfunded. But the COC has to stop using smoke and mirrors all the time and must stop doing a disservice to our athletes. Canada deserves better."

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.



## Tiger ponders January return

**GOLF** Tiger Woods has not ruled himself out of defending his Dubai Desert Classic title in late January despite needing time to recover after reconstructive knee surgery.

The world No. 1 decided to have surgery on his left knee for a fourth time after winning the U.S. Open in mid-June, ending his

2008 PGA Tour campaign.

"I don't know my schedule for next year ... I will be hitting golf balls at the beginning of the year," Woods

said at a news conference in



Woods

Dubai yesterday.

Speaking at the launch of a \$1.09-billion golf project Woods designed in Dubai, the winner of 14 major titles said the injury was "frustrating" but he did not rule himself out from the desert event which begins on Jan. 27.

"I don't how my knee will heal," he added. **REUTERS**

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**NHL**  
The Chicago Blackhawks signed winger Akim Aliu, left, to a three-year contract entry level contract yesterday. A native of Nigeria, Aliu notched 58 goals, 123 points and 316 penalty minutes in 160 career regular-season OHL tilts with Windsor, Sudbury and London. **METRO NEWS SERVICES**



# Olympic champs advance at Open

## Games weary Nadal, Dementieva battle through first-round matches

**Beijing gold medalists Rafael Nadal and Elena Dementieva shook off their Olympic hangovers yesterday to stumble into the second round of the U.S. Open.**

As the newly-crowned world No. 1, Nadal would have been expected to flatten a qualifier ranked 136th in the world.

But the Spaniard's exertions over the past few weeks, where he made a flying visit to the Chinese capital to add the Games title to his triumphs at the French Open and Wimbledon, appeared to have caught up with him as he struggled to a 7-6, 6-3, 7-6 win over Germany's Bjorn Phau.

Dementieva, after finally getting her hands on a major title, also found it difficult to break free from the Olympic bubble.

She snapped back to attention in the nick of time to come from 5-3 down in the second set, saving two set points, before beating Akgul Amanmuradova of Uzbekistan 6-4, 7-5.

Eight days after pulling off the greatest win of her career, Dementieva admitted she was still pinching herself.

"I was holding (the medal) for three days, to make sure it's not a dream. It's real," said the Russian fifth seed.

"It's really very hard not to think about the Olympic Games. Yesterday I was trying to go to sleep but I couldn't because ... my mind is still there."

In other action yesterday, Lindsay Davenport, winner in Atlanta in 1996, eased past Aleksandra Wozniak of Blainville, Que., 6-4, 6-2.

REUTERS



Rafael Nadal of Spain hits a return shot to Bjorn Phau of Germany during their opening-round match yesterday at the U.S. Open tennis tournament in Flushing Meadows, N.Y.

## Castro supports banned athlete

**OLYMPICS** Former Cuban leader Fidel Castro yesterday defended a Cuban taekwondo athlete banned forever from the sport for kicking a referee during the Beijing Olympics.

Castro, in a column on the Internet, said Angel Valodia Matos already was "indignant" because someone tried to bribe his coach and "could not contain himself" when referee Chakir Chelbat disqualified him in a bronze-medal match he led over Kazakhstan's Arman Chilmanov.

"For our taekwondo athlete and his coach, our total solidarity," Castro said.

## Blue Jays ship Diaz to Pirates

**MLB** The Blue Jays dealt catcher Robinson Diaz to the Pittsburgh Pirates yesterday as the player to be named later in the Aug. 21 deal that sent third baseman Jose Bautista to Toronto.

The 24-year-old Diaz is hitting .285 with four home runs in 57 minor league games this season.

In 640 career minor league games, Diaz has batted .304 with 17 home runs and 327 RBI.

## Lakers bring in Chinese guard

**NBA** The Los Angeles Lakers signed point guard Sun Yue to a multi-year contract yesterday. Terms of the deal were not released.

In six games with the Chinese National Team in the recently concluded Beijing Olympics, the 23-year-old averaged 6.8 points, 2.5 assists and 1.7 rebounds while averaging 28.0 minutes of playing time.

METRO NEWS SERVICES

## SCOREBOARD

MLB									
AMERICAN LEAGUE					NATIONAL LEAGUE				
EAST DIVISION					WEST DIVISION				
W	L	PCT	GB		W	L	PCT	GB	
Tampa Bay	79	50	.612	—	Arizona	68	62	.523	—
Boston	75	55	.577	4½	L.A. Dodgers	65	66	.496	3½
N.Y. Yankees	70	60	.538	9½	Colorado	61	71	.462	8
Toronto	67	63	.515	12½	San Francisco	58	72	.446	10
Baltimore	61	69	.469	18½	San Diego	48	82	.369	20
CENTRAL DIVISION					WEST DIVISION				
W	L	PCT	GB		W	L	PCT	GB	
Chicago Sox	75	55	.577	—	AMERICAN LEAGUE				
Minnesota	74	56	.569	1	Chicago White Sox	4	Baltimore	3	
Detroit	64	67	.489	11½	Cleveland	4	Detroit	3	
Cleveland	63	67	.485	12	Texas at Kansas City				
Kansas City	56	74	.431	19	Oakland at L.A. Angels				
WEST DIVISION					Minnesota at Seattle <td colspan="4"></td>				
W	L	PCT	GB		NATIONAL LEAGUE <td colspan="4"></td>				
L.A. Angels	79	50	.612	—	Chicago Cubs	12	Pittsburgh	3	
Texas	63	68	.481	17	N.Y. Mets	9	Houston	1	
Oakland	59	71	.454	20½	Philadelphia	5	L.A. Dodgers	0	
Seattle	48	82	.369	31½	Arizona at San Diego				
NATIONAL LEAGUE					Colorado at San Francisco				
EAST DIVISION					TONIGHT'S GAMES				
W	L	PCT	GB		AMERICAN LEAGUE				
N.Y. Mets	73	59	.553	—	Boston at N.Y. Yankees	7:05			
Philadelphia	72	59	.550	½	Cleveland at Detroit	7:05			
Florida	67	64	.511	5½	Chicago W. Sox at Baltimore	7:05			
Atlanta	57	74	.435	15½	Toronto at Tampa Bay	7:10			
Washington	46	85	.351	26½	Texas at Kansas City	8:10			
CENTRAL DIVISION					Oakland at L.A. Angels	10:05			
W	L	PCT	GB		Minnesota at Seattle	10:10			
Chicago Cubs	80	50	.615	—	NATIONAL LEAGUE				
Milwaukee	76	55	.580	4½	Chicago Cubs at Pittsburgh	7:05			
St. Louis	73	59	.553	8	N.Y. Mets at Philadelphia	7:05			
					Florida at Atlanta	7:10			
					L.A. Dodgers at Washington, 7:10				
					Cincinnati at Houston, 8:05				
					Milwaukee at St. Louis, 8:15				
					Arizona at San Diego, 10:05				
					Colorado at San Diego, 10:15				
CFL									
EAST DIVISION									
W	L	T	P	PTS	W	L	T	P	PTS
Montreal	5	3	0	10	Toronto	3	5	0	6
Hamilton	2	6	0	4	Winnipeg	2	6	0	4
WEST DIVISION									
W	L	T	P	PTS	W	L	T	P	PTS
Saskatchewan	6	2	0	12	Calgary	5	3	0	10
Edmonton	5	3	0	10	B.C.	4	4	0	8
WEEK 10									
FRIDAY'S GAME									
B.C. at Montreal, 7:30					SUNDAY'S GAME				
Winnipeg at Saskatchewan, 3					MONDAY'S GAMES				
					Edmonton at Calgary, 4				
					Toronto at Hamilton, 7:30				
BASEBALL									
CAN-AM LEAGUE GAMES FEATURING THE OTTAWA RAPIDS:									
LAST NIGHT'S RESULT									
Brooklyn 2 OTTAWA 1									
OTTAWA at Brooklyn, 7:05									

## GM pleased with Raptor Olympians

**NBA** Two of his NBA team's players leave Beijing with medals, and his father is hailed as the architect of one of the greatest American teams ever.

It's been a pretty good Olympics for Raptors president and general manager Bryan Colangelo.

After watching the final week of action in China, including Chris Bosh's emergence as a dominant force on an American gold-medal team littered with stars and a Jose Calderon groin injury that limited his contributions for Spain — it's not considered serious — Colangelo feels pretty good about the

Raptors' impending NBA season.

"I was most impressed with his preparation and the work he put into this leading up to the practices and competition," Colangelo said of Bosh, who was on the court with



Colangelo

Chris Paul, Dwyane Wade, Kobe Bryant and LeBron James in the tense dying minutes of the gold medal win over Spain sans Calderon. "I'm really very happy for him. This experience should propel him to another level."

Colangelo said he has been assured Calderon's injury — suffered late in his team's quarterfinal win over Croatia — should not have any impact on Toronto's starting point guard when NBA training camps begin late next month.

"We're just very lucky it appears his injury isn't too serious."

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# Student Cents

## Cash cow

Ottawa financial adviser Robert Abboud says the federal government has recouped more than \$300 million in GST and T1 income tax credits since 2002 from loan defaults

## Spend student money wisely

## What will it cost?

BRIAN TOWIE  
brian.towie@metronews.ca

**You're on your way to school and you've finally got that student loan that you applied for so long ago. But be careful, the generosity shown to you now can lead to financial perdition years down the road.**

The experts agree that you should remember one thing as you dispense of that gargantuan sum: You borrowed it. That money isn't yours and if you must use it, do so wisely and sparingly. Ottawa-based financial adviser Robert Abboud says for the most part, post-secondary students don't waste cash set aside for school, but some planning and hard work will go a long way to sinking the potential battleship of debt you'll face after you graduate.

"For the most part, students are not frivolous. They know that money earmarked for school is for school, and if they run out, they run out," he said. "Determine what you need on an annual basis: Budget for tuition and books first, then living expenses. Then determine how long your loan will last. If it's only a year, you'll need more. Never spend over your budget and don't spend it on the fun stuff."

The experts can't stress this enough. A Millennium Scholarship Foundation report said the average Canadian student debt load as of



2006 was more than \$24,000. Another report published in June by the Office of the Superintendent of Financial Institutions (OSFI) expects college and university tuitions to triple within the next 25 years.

Interest rates are making loans harder to pay back every year, and lenders are reaping the rewards at staggeringly exponential rates.

One such example being the Canada Student Loan program. Ottawa plans to collect \$549.5 million in interest revenue in the 2009-10 fiscal year and collected \$483 million and \$315 million in 2007-08 and 2005-06 respectively, according to Julian Benedict of the Coalition for Student Loan Fairness, a B.C.-based group advocating significant changes

in student loan policies.

Through access to information requests, Benedict claimed he discovered Ottawa borrowed money marked for student loans from the Bank of Canada at a rate of 4.5 per cent on average from 2005-2007, but loaned it out at nearly twice the rate.

**"For the most part, students are not frivolous."**

Robert Abboud

Charging well over prime interest rates, Benedict says that federal student loan programs only serve to fill the feds' coffers, and put unaware low, middle (and

sometimes no)-income students in debt for years to come. And it's too lucrative a moneymaker for them to reform.

"The government has become reliant on the money it gets from those high interest rates to subsidize an inefficient system. It's not a social program, it's ultimately regressive and it promotes gaps," he said.

"You can't pay off the interest rate as quickly as say, someone who becomes a doctor or a lawyer. Essentially, you get taxed for being poor. It puts low-income borrowers into a strait jacket of debt, and every time they're limited by debt, they can't participate in the economy."

Unless you have a significant RESP (Registered Edu-

cation Savings Plan) or wealthy sources in your corner, chances are you'll have to bite the borrower's bullet. You can, however, minimize the impact of your debt. Bursaries and grants can assist greatly and try to get as much help from your parents as they can afford. Find a part-time job and use part of what you earn to pay down what you owe as you go. The more you whittle down your tuition, the less interest your principal will generate.

"You want it? Get off your butt and work," notes Abboud. "If there's a store or a mall or something around your school, try and find a job there, because what you borrow will really weigh you down for years to come."

Being a university student can be both exciting, and very different from anything you may have experienced in high school. Unlike the quaint community confines of high school, college can be a big endeavor with a big price tag. According to the Ministry of Training, Colleges and Universities, tuition for college and university can be quite costly; for example, fees in Ontario on average for a two-term college general program are about \$1,900 and fees for general universities are about \$4,200.

### Books and supplies

You should expect to spend about \$1,000 per year for books and school supplies. If you are entering a specialized course such as dentistry, medicine, or architecture, you can expect a much higher cost.

### Living costs

If you decide to live on campus, many decisions will still have to be made in terms of accommodation and food. If you decide to go with full accommodation from the school, you can expect to pay anywhere from \$4,500 to \$6,000.

### Transportation

Will you live within walking distance of your college or university? If not, expect to add \$100 per month to your budget for public transportation.

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## HAVERHILL INSTITUTE OF STAGING & DESIGN

Poor treatment may be fueling the rise of an especially hard to treat form of tuberculosis called extensively drug resistant or XDR TB, doctors reported Sunday. **REUTERS**

# Health



## Aggression linked to wide faces

Next time you're getting your face scraped along the boards by the other team's enforcer, try and take a peek at his sneering mug. Chances are it's wider than yours, according to a new Brock University, Ont., study that equates the width of a hockey player's face with his or her aggressive tendencies. The Brock team theorized that the more aggression-inducing testosterone a youth possessed, the broader his face would grow. **TORSTAR NEWS SERVICE**

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

# Wait on implants

Urge for cosmetic surgery may disappear as girls mature

CELIA MILNE  
for Metro Canada



**Does your teen girl want to have breast augmentation or liposuction? Try to delay this as long as possible, and the urge may even disappear, suggests a recent paper in the Journal of Adolescent Health.**

"I think 22 should be the minimum age for any kind of breast implants, because younger women don't fully appreciate the long-term financial and medical commitment involved," says lead author Dr. Diana Zuckerman, (PhD), president of the National Research Center for Women & Families

in Washington, D.C.

In addition, she says, women under 22 should not have liposuction. For one thing, girls' bodies are still maturing until that age and secondly, they should become more physically active rather than having liposuction, as this confers long-term health benefits. "Too many women are choosing liposuction instead of exercise," she says.

Teenage girls are notorious for hating parts of their bodies, but these negative feelings often neutralize as girls become more mature. Studies show that body image often improves after age 18, even without cosmetic surgery, report Dr.

**"I think 22 should be the minimum age for any kind of breast implants."**

Dr. Diana Zuckerman, National Research Center for Women & Families in Washington, D.C.

Zuckerman and co-author Dr. Anisha Abraham, a pediatrician at Georgetown University Medical Center in Washington.

Yet the number of teenagers having cosmetic procedures has gone up dramatically in the last 10 years. The American Society of Plastic Surgeons estimates that more than 333,000 cosmetic procedures were performed on people under age 18 in the U.S. in 2005, way up from

14,000 ten years earlier. The trend is similar in Canada.

One-quarter of those procedures were surgical, including breast augmentation, liposuction, tummy tucks, nose reshaping and ear surgery.

Complications of breast implants increase over time, and include painful tightening or hardening of the scar tissue, implant rupture, and leaking, report Drs. Zuckerman and Abraham. A teenager who gets



Teenage girls are notorious for hating parts of their bodies, but these negative feelings often neutralize as girls grow older. **CHERYL HUNTING/TORSTAR NEWS SERVICE**

breast implants may require repeated surgeries over her lifetime, as implants only typically last 10 years. Breast implants can also interfere with mammography and with breast feeding.

## On the web

### HineSight column

• Check out Anne Hines' humorous column this week at [metronews.ca](http://metronews.ca).

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### Welcoming Dr. Faud Karim.



The Doctors and Staff of the Rideau Dental Centre are pleased to welcome our newest member to our Dental Team, **Dr. Faud Karim**. Dr. Karim graduated from the Dental School at the University of Western Ontario. While attending Western, Dr. Karim was awarded both the **Fixed Prosthodontics Award** and the **American Academy of Periodontics Award**, demonstrating his passion and dedication for the practice of dentistry.

Dr. Karim is a general practitioner with a keen interest in **cosmetic dentistry, orthodontics and implants**. He is committed to **life-long learning** and has taken a number of continuing education courses on all of these topics. It is Dr. Karim's intention to make continuing education a priority as he believes this allows him to deliver the latest knowledge, products and

techniques to his patients, such as **Invisalign** invisible teeth straighteners.

According to Dr. Karim, quality **dentistry starts with respect for his patients**. He believes in patient education and feels that open communication is a key element to any treatment plan.

He is a dedicated family man, and loves sharing all that downtown Ottawa has to offer with his wife and six month old son. That makes him such a perfect fit for the Rideau Dental Centre. When he is not providing his patients with quality dental care, Dr. Karim plays competitive squash, and he enjoys skiing and biking along the beautiful Ottawa River with his family.

We are happy that Dr. Karim has brought his expertise and commitment to patient care to the Rideau Dental Centre. He is an excellent addition to our team and he looks forward to providing treatment to patients of all ages.

## Volunteers needed for Depression Research

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of an investigational medication treatment for depression. The purpose of the study is to further our knowledge about the treatment of depression. Treatment duration is approximately 12 weeks, with a possible 24-64 week extension, and includes a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-70 years old, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no significant drug or alcohol problems and be in generally good physical health.



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If you have answered YES to five or more of these statements and have felt poorly for the past month, you may be suffering from depression. To be evaluated for this program please call, any time (24 hours), leave your name and phone number on our confidential voice mail:

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- | YES                      | NO  |
|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> I am feeling sad and depressed.                          |
| <input type="checkbox"/> | <input type="checkbox"/> I am having difficulty sleeping.                         |
| <input type="checkbox"/> | <input type="checkbox"/> I am feeling low in energy and slowed down.              |
| <input type="checkbox"/> | <input type="checkbox"/> My appetite has changed.                                 |
| <input type="checkbox"/> | <input type="checkbox"/> I am experiencing feelings of guilt.                     |
| <input type="checkbox"/> | <input type="checkbox"/> I have lost interest in work and pleasurable activities. |
| <input type="checkbox"/> | <input type="checkbox"/> I feel hopeless about the future.                        |
| <input type="checkbox"/> | <input type="checkbox"/> I feel tense and anxious.                                |
| <input type="checkbox"/> | <input type="checkbox"/> I am having difficulty making decisions.                 |
| <input type="checkbox"/> | <input type="checkbox"/> I am having trouble concentrating.                       |



AN OPEN LETTER FROM MICHAEL H. McCAIN,  
PRESIDENT & CEO, MAPLE LEAF FOODS INC.

Dear Fellow Consumers,

As you may know, Listeria was found in some of our products. The Canadian Food Inspection Agency and Public Health Agency of Canada have concluded that the strain of listeria bacteria which is linked to the illness and loss of life of several people, matches the strain identified in some of our products.

This is a terrible tragedy. To those people who have become ill, and to the families who have lost loved ones, I want to express my deepest and most sincere sympathies. Words cannot begin to express our sadness for your pain.

Maple Leaf Foods is 23,000 people who live a culture of food safety. We have an unwavering commitment to keeping your food safe, with standards well beyond regulatory requirements. But, this week, our best efforts failed and we are deeply sorry.

Listeria is a particularly challenging bacteria for the entire food industry to manage. While it is commonly found in many foods, in our environment and your environment, we work diligently to eliminate it. We are accountable to you, to provide safe food.

When Listeria was discovered in the product, we launched immediate recalls to get it off the shelf.

Then, we shut the plant down.

In light of these new findings, the Company has made the additional decision to expand its product recall to include ALL production from the Bator Road facility (Establishment # 97B) as a further precautionary measure, notwithstanding the fact that there is no evidence of Listeria contamination in product beyond the production lines originally under investigation. We expect this additional recall to be implemented swiftly, and a list of specific products and codes is available on the company website at [www.mapleleaf.com](http://www.mapleleaf.com).

The retrieval of recalled food products to date has been highly effective and we are confident that all measures that could be taken to ensure the retrieval of these products have and will continue to be taken.

This is the toughest situation we've faced in 100 years as a company. We know this has shaken your confidence in us. I commit to you that our actions are guided by putting your interests first.

Sincerely,



Michael H. McCain  
President & CEO  
Maple Leaf Foods Inc.



Hotel heiress Paris Hilton is selling The Bandit, an interchangeable hair extension headband, that can add up to 22 inches of 100 per cent polyester hair to the wearer via Velcro. The Bandit will hit shelves Sept. 20. **NEW YORK DAILY NEWS**

# Entertainment

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

## DVD picks

### Where in the World is Osama bin Laden?

Director: **Morgan Spurlock**  
Rating: **PG**

**DOCUMENTARIAN** Morgan Spurlock takes his gumshoe act on the road with *Where in the World Is Osama bin Laden?*, a quest that's only partly in jest. Whether the approach gets him anywhere is in the eye, and funny bone, of the beholder.

He's after Osama bin Laden, the leader of Al Qaeda and mastermind of 9/11. Spurlock reasons he alone can prevail where the FBI, the CIA and legions of other "War on Terror" troops have failed.

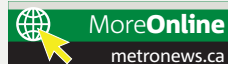
He travels through the Middle East and to Morocco,

Pakistan, Afghanistan and Saudi Arabia, to chat with average citizens and a few informed sources, asking them if they know where bin Laden is hiding.

The approach yields mixed results. Many people are so charmed and disarmed by Spurlock's bull-moose approach, they spill their thoughts on bin Laden. A few insights are gleaned. But the film does offer hope that there are millions of people in the Middle East who simply yearn for peace.

Extras include deleted interviews, an alternate ending and a funny bit titled, *The Animated History of Afghanistan*.

TORSTAR NEWS SERVICE



## Give peace a dance

ZETH LUNDY  
Metro World News

**Yoko Ono laughs when we suggest that we need Give Peace a Chance more now than when it was originally recorded in 1969.**

"Exactly," she replies. Perhaps this is reason enough for the release of *Give Peace a Chance (The Remixes)*, a digital collection of eight remixes of the Plastic Ono Band protest anthem with Ono's newly recorded spoken-word vocals. Though the commingling of protest anthem and block rockin' beats may seem incongruous to some, for Ono it's a completely natural method to get the message to the masses.

"If you want to get through to somebody, you



One of Yoko Ono's remixes of *Give Peace a Chance* has topped the Billboard Hot Dance Club Play chart.

go to their stomach with your soup," she says. "(The remixes) are like soup."

Ono herself seems surprised by the song's lasting impact, not to mention the

remix project's recent topping of Billboard's Hot Dance Club Play charts.

"We just did whatever we could and never looked back," she says.

## Festive album

Singer George Michael says he will release a Christmas single this year. The untitled track will be released alongside a cover of Nina Simone's *Feeling Good*.

ANANOVA.COM

## Ladies member survives crash

**PEOPLE** Bare-naked Ladies' singer Ed Robertson survived a plane crash Sunday afternoon north of Bancroft, Ont., TMZ.com reports.

"At 12:30 p.m., a Cessna 206 was taking off from Baptiste Lake, lost airspeed and entered a wooded area west of the lake," Sgt. Jeff Mackinnon of the Bancroft OPP told the Belleville Intelligencer.

Mackinnon said all four passengers, including Robertson, walked out of the woods and then reported the crash. The Intelligencer reported Robertson was piloting his own float-plane, but police won't release any details.

METRO NEWS SERVICES

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# KATHY REICHS

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## Great Cate

A production of A Streetcar Named Desire starring Cate Blanchett will run for two months in the U.S. after debuting in the actress' native Australia this autumn. **IMDB.COM**

## entertainment 17

# One heck of an affable show

## IntelleVision

**Rick McGinnis**

rick.mcginis@metronews.ca

**SOMEONE ELSE'S NOSTALGIA:** The nice publicist from MuchMoreMusic pitched the story to me by saying that she had a hunch that I was a Huey Lewis kind of guy back in the '80s.

I tried not to sound pee-vish as I responded that, truth be told, my '80s were more about Black Flag, but I didn't have anything against Huey.

He was always there, an altogether pleasant, older sibling/younger uncle kind of figure, the sort who turned up his car stereo loud with the Big Chill soundtrack because he knew you liked music. It seems like a long time ago, now, and that was the point.

Steadfastly committed to transforming itself into the Canadian VH1, MMM had a new show premiering called Where You At Baby?, that featured an affable host (Matt Wells) being parachuted into the life of a onetime chart-topper, and Lewis was the inaugural subject.

Would I be interested in talking to Huey, the nice publicist wanted to know?

"Is it a reality TV show?" Huey asks me over the phone. "I thought it was sort of a biography deal. You see, I haven't seen the show ... (We) have this Behind the Music on MTV, and I've always like the

## U.S. Idol plans to add fourth judge

**TELEVISION** Five months before the new season of American Idol is set to kick off, producers are shaking things up by adding a fourth permanent judge to the table, E! News Online reports. Joining Simon Cowell, Paula Abdul and Randy Jackson when the eighth season of the reality juggernaut begins in January is prolific singer-songwriter Kara DioGuardi. The Grammy nominee's name may not be familiar to Idol viewers, but her sound should be. DioGuardi has strong ties to the behind-the-scenes world of Idol, having written tracks for David Cook, David Archuleta, Carrie Underwood, Clay Aiken, Bo Bice, Katharine McPhee and Taylor Hicks.



Huey Lewis, an entirely decent chap, performs with his band the News in Washington, D.C., in July.

Canadian approach to things; it's a little loftier than what we get over here, so I thought 'Why not?'"

The rough cut pilot is a cheerful, shambling affair — after a brief preamble, Lewis meets Wells and crew at the airport in Montana where he lives, and drives them out to his ranch after a stop at the supermarket to pick up supplies for dinner.

He kits Wells out and takes him fly fishing, whereupon Lewis reveals he's very conscientious about catch and release.

He wakes Wells up the next morning to take him to New York, where he introduces his son and the man who choreographed him for a stint in the Broadway run of Chicago.

"It actually baffles me," Lewis recalled. "When I got

to Montana with the crew, I wondered 'What did I do that for?' It's not like I'm selling anything, I have no record out. Why do something like this? But I liked the people involved."

"I just thought fly fishing would be good. I love to fly fish. And it looks beautiful — it's a beautiful place. When they said they wanted to do something on me, I thought 'Where would we do that?' I initially thought Montana, because it's pretty, but I don't want to look like I'm retired. So I said let's do it in New York. It was actually a day in each place."

Lewis, who still plays 80 shows a year with his band, comes off well — proof of the rule that, if you want longevity in the music business, try to do something that looks dignified at 35 and plausible at 58.

Still, the producers of Where You At Baby? had better be hiding a few train wrecks up their sleeve if they want to escape a season of terminal affability.

Rick McGinnis writes about music, movies, books and television, but not opera.



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**IN THEATRES AUGUST 29TH**

OT	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
8/26/08	265	353	2	TVO	The Great Warming	The View From Here	No Tears	A Boy Called Alex	View From Hr			
	211	331	3	GTV	ET Canada	Wipeout (N)	Big Brother 10 (N)	In Plain Sight (N)	News (N)			
	-	-	5	SRC	Des saquelettes	Tout	Beautés désespérées (SC)	Bons baisers de France (SC)	Le Téléjournal (SC)	TJ Ontario		
	209	342	6	CHRO	Grand Star	Degrassi: Next	America's Got Talent (Live)	Jeff Ltd.	Bravo! Fact	News (N)		
	198	311	7	CTV	eTalk	Jeopardy!	Canadian Idol	The Hills	Without a Trace "Run"	Law & Order: SVU	News (N)	
	208	303	8	CBC	Coronation St.	Laughs	Rick Mercer	22 Minutes	The Tudors (DVS)	CBC News: The National	The Hour	
	-	360	9	NBC	Wheel-Fortune	Jeopardy!	America's Got Talent (Live)			Democratic Convention	News (N)	
	117	713	10	TVA	Les Anges de la rénovation	Kmh (SC)	Caméra café	La Grande Évasion (HDTV)	TVA 22 heures	Lucré-salé	Columbo crim	
	-	-	11	QS	Ste-Madeleine	Chemin du golf	Passager 57 ** (1992, Action)	Wesley Stripes, Bruce Payne.	Cent dix pour cent (SC)	Journal du soir	Geographic	
	137	763	12	TFO	Panorama	Les Éclaireurs	Tourments de l'histoire	Soleil ** (1997, Drame)	Sophia Loren, Philippe Noiret.	Democratic Convention	TwoHalf Men	
	-	362	13	CBS	Dr. Phil	NCIS "Internal Affairs"	News (N)	Reaper "Pilot" (HDTV)	Reaper	News (N)	Cold Case	
	216	395	14	OMN2	Law & Order: SVU	Friends	News (N)	Vivere II	News (N)	The Simpsons	King of the Hill	Metropia
	214	344	15	CITY	TwoHalf Men	The Simpsons	Real Housewives	Simple Life	Kardashians	Pam: On Loose	Sunset Tan (N)	News (N)
	115	343	16	CFMT	The Insider (N)	Entertainment	Wipeout (N)	Wanna Bet? (N)	Dossier public	Democratic Convention	News (N)	
	218	345	18	E!	News (N)	24 PAC	Tête-à-tête	Beyond Poli	À la une	John Hagee	News	
	512	356	24	ABC	Full House	Facts of Life	Michael Coren Show	House (HDTV PA)	Life Today	This Is Day	John Hagee	
	651	355	25	CTS	Seinfeld	Uncorked	Democratic National Convention	Democratic National Convention from Denver.	Naked	News (N)	Tavis Smiley	
	-	365	36	FOX	Business Rpt.	eTalk	Canadian Idol	The Hills	Without a Trace "Run"	CBC News: The National	Naked	
	-	64	PBS	Hollywood	CBC News	Mansbridge	The Hour					
	205	312	104	CTV	Democratic National Convention	Democratic National Convention from Denver.						
	502	390	26	NW	MLB Baseball Toronto Blue Jays at Tampa Bay Rays. (HDTV) (Live)					Sportsnet Connected (Live)	Sportsnet Con.	
	500	500	33	CNN	MLB Baseball Toronto Blue Jays at Tampa Bay Rays. (HDTV) (Live)					Convention	Le National	Le Téléjournal
	406	417	27	net	MLB Baseball Toronto Blue Jays at Tampa Bay Rays. (HDTV) (Live)					Departures	Pilot Guides	Stump-Schwab
	126	730	28	RDI	RDI en direct sur l'actualité	Grands reportages (SC)	Le Téléjournal (SC)			Score Tonight	Stump-Schwab	
	400	280	30	TSM	U.S. Open Tennis First Round. (HDTV) From the USTA National Tennis Center in Flushing, N.Y. (Live)					Departures	Pilot Guides	
	410	403	52	SCR	Stump-Schwab	Stump-Schwab	EPL Retro	Football Factories		Score Tonight	Stump-Schwab	
	411	457	56	OLN	Videos	Pilot Guides Specials	Unique Whips	Low Life	SuperCars	Super Bikes!	Super Bikes!	Pinks (HDTV)
	417	406	59	SC	Pinks (HDTV)	Pass Time	Tom and Jerry	Total Drama	Futurama	Batman & Mr. Freeze: SubZero (1998)		
	554	544	48	FAM	George-Jungle	Tom & Jerry	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House
	557	540	51	FAM	That's-Raven	Smart Guy	Fries That?	Futurama	Prank Patrol	Mystery Hnt.	Zack & Cody	Mystery Hnt.
	551	542	65	YTV	Malcolm-Mid.	Prank Patrol	Classic Albums	Listed	The First 48 (HDTV) (N)	The Cleaner (HDTV) (N)	The Cleaner	
	570	580	29	MM	mmmtop	Where You At	The First 48 (HDTV)		Star Wars: Episode III - Revenge of the Sith *** (2005, Science Fiction)	Dr. G: Medical Examiner	Shocking Story	
	615	520	31	A&E	The First 48 (HDTV)		CSI: Crime Scene Invstgtn.	Mystery Diagnosis		Balapan. les alies de l'Altaï	Journal TV5	
	628	584	32	SPKE	CSI: Crime Scene Invstgtn.		Wild Child: Feral Children	Pat bête "Un safari indien"	La Prophétie d'Avignon	CSI: NY "Cold Reveal"	House	
	145	761	35	TV5	Toute une histoire	Blue Murder "Partners"	Trailor Park	Kenny-Spenry	The Bravo! Concert Hall	After the Catch Highlights. (N)	Home Improve.	Roseanne
	616	521	39	SHO	ReGenesis "Prions"	In the Shadow of the Blues	Cowboy Junkies: Trinity	Mighty Ships "Resolute"	Home Improve.	Roseanne	CMT30	
	620	523	40	BVO	Bazart	Bravo!Videos	How It's Made	How It's Made	Reba	Hope & Faith	Shear Genius Stylists return.	Plastic-Perfect
	520	505	42	DIS	Daily Planet (N)	How It's Made	How It's Made	How It's Made	Reba	Hope & Faith	Shear Genius Stylists return.	Plastic-Perfect
	575	583	43	GMT	Canada Countdown	Beyond Chance	Newlywed	In Laws	The Simpsons	South Park	Comedy Inc.	Jon Dore Show
	601	562	45	SLC	End of Leash	Til Debt-Part	Laughs	Coran Gas	The Client *** (1994, Suspense)	Susan Sarandon, Tommy Lee Jones.		Frasier
	625	546	48	COM	Air Force	22 Minutes	Laughs	Coran Gas	Dirty Business	Outside	Star Trek: Voyager	Zombiemania
	294	529	47	TBS	Family Guy	Family Guy	The Client *** (1994, Suspense)	Susan Sarandon, Tommy Lee Jones.	Dirty Business	Outside	Star Trek: Voyager	Zombiemania
	600	564	49	H&G	House Hunters	Property Virgin	Star Trek: Voyager	Canada's Next Top Model	ET Canada	What Happen?	Digging for the Truth	Images-chocs
	627	528	50	SPC	Stargate SG-1 (DVS)		Star Trek: Voyager	Canada's Next Top Model	ET Canada	What Happen?	Digging for the Truth	Images-chocs
	581	566	53	MTV	Next	After	Star Trek: Voyager	Canada's Next Top Model	ET Canada	What Happen?	Digging for the Truth	Images-chocs
	612	524	54	TROP	News Show	News Show	Star Trek: Voyager	Canada's Next Top Model	ET Canada	What Happen?	Digging for the Truth	Images-chocs
	518	506	55	HIS	NCIS "Hung Out to Dry"		Star Trek: Voyager	Canada's Next Top Model	ET Canada	What Happen?	Digging for the Truth	Images-chocs
	129	773	60	CD	Biographies	Mayday "Le Tueur invisible"	Eyes Down	On the Buses	Maxed Out	Style by Jury	Kim	Style by Jury
	261	394	61	V	Murder, She Wrote		Maxed Out	Style by Jury	Kim	Style by Jury	Kim	Style by Jury
	602	567	62	W	Will & Grace	Friends	Maxed Out	Style by Jury	Kim	Style by Jury	Kim	Style by Jury
	269	350	70	APTN	Willowgaw	La Course	Maxed Out	Style by Jury	Kim	Style by Jury	Kim	Style by Jury
	621	527	71	TLK	Look-A-Like	Hollywood	Maxed Out	Style by Jury	Kim	Style by Jury	Kim	Style by Jury
	603	561	95	FN	Grill It-Play	Licence to Grill	Maxed Out	Style by Jury	Kim	Style by Jury	Kim	Style by Jury
							Restaurant Makeover	HEAT-McEwan	HEAT-McEwan	Top Chef	Restaurant	

## critics'corner

## NCIS

Remember La Grenouille — the arms dealer whom Jenny Shepard (Lauren Holly) was obsessed with bringing down? He is down ... literally. As in dead. And guess what NCIS director is the prime suspect. She's not alone, though; the whole team is under the FBI's probing eye during the murder investigation. Mark Harmon and Michael Weatherly also star in "Internal Affairs." 8 PM on 13 CBS



## House

Does "too good to be true" equal "sick"? If so, maybe being a jerk is a symptom, too. In "No More Mr. Nice Guy," House (Hugh Laurie) and his team suspect that their patient's (Paul Rae) excessive niceness is a symptom of trouble in his brain. And House's fellows wonder if their boss's obnoxiousness might also have an organic cause. House and Amber (Anne Dudek) butt heads over spending time with Wilson (Robert Sean Leonard). 8 PM on 36 FOX



## Celebrity Buzz

## Bynes blamed for car mishap

**ACCIDENT** Police have determined actress Amanda Bynes is to blame for a car accident that left another driver with minor injuries, [imdb.com](http://imdb.com) reports.

Bynes, 22, was not under the influence of drugs or alcohol when she caused the collision this past weekend in Los Angeles, authorities confirm.

"Ms. Bynes was driving a BMW when she made an unsafe turn and another car hit her," Sgt. Mur-

rel Pettway of the Los Angeles Police Department said.

"It was determined that she was at fault, but no crime was committed. The other driver complained of minor injuries. Drugs and alcohol were not involved. It was just a typical car accident."

"There was no serious damage to either vehicle."

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## Diaz does dog-gone good

**PEOPLE** Cameron Diaz has shown her caring side — by rescuing an injured dog she found in her neighbourhood, [imdb.com](http://imdb.com) reports.

She discovered a German shepherd Saturday and took it back to her Hollywood home.

Diaz's representative tells People.com, "Cameron and a friend were involved in returning

an injured dog to its owner."

A source adds, "Diaz brought the dog in and gave it some food and water."

Her assistant posted a 'found German shepherd' sign and (the dog's owner) — Diaz's neighbour who was driving around the area — came across it."

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## 'Silly' media, pills aren't for Posh!

**PEOPLE** Former Spice Girl Victoria Beckham has spoken out against claims she uses diet pills, branding the false reports "silly," [imdb.com](http://imdb.com) reports.

A representative for Beckham, 34, announced earlier this month the star's plans to sue British magazine Now after it alleged she takes slimming tablets to lose weight.

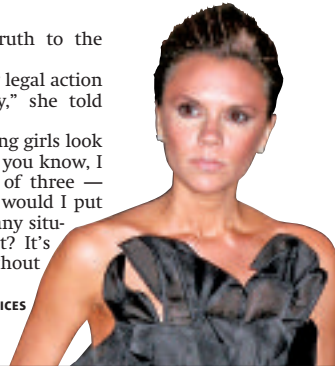
Now the fashion designer herself has addressed the controversy, insisting

there is no truth to the speculation.

"I am taking legal action as it's so silly," she told FoxNews.com.

"I know young girls look up to me and, you know, I am a mother of three — how and why would I put my health in any situation like that? It's totally without foundation."

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## celebrity brief

## Winehouse's mother-in-law on singer: Lock 'er up

**INCARCERATION** Forget rehab — singer Amy Winehouse should be behind bars, the New York Daily News reports her mother-in-law as saying.

"Prison will do Amy far more good than rehab," Georgette Civil told Britain's News of the World. "The police ... should arrest her and put her behind bars ... She's got to learn the hard way."

Rumours surfaced that

Winehouse, 24, was planning to enter a rehab facility near the jail where her husband, Blake Fielder-Civil, is serving time. Winehouse's rep has since shot down the reports.

According to Civil, jail helped her son kick his notorious drug habit. "Prison worked for Blake. It's the only thing that can now save Amy," she said.

Winehouse checked in-

to rehab in late January after a 19-minute video surfaced of the singer allegedly smoking a pipe and allegedly admitting that she had just taken six tablets of Valium. She was also caught on tape in July allegedly snorting cocaine while DJing at a London pub.

METRO NEWS SERVICES



## Fresh vows for Madge, Guy

**MARRIAGE** Pop star Madonna and her filmmaker husband Guy Ritchie said "I do" again, [perezhilton.com](http://perezhilton.com) reports.

An insider reveals to the Daily Mail that the couple recently renewed their wedding vows at a private Kabbalah ceremony in London.

Madonna supposedly flew her Kabbalah teacher over from Los Angeles to conduct the pro-

ceedings.

"It was very intimate and both Guy and Madonna made vows to each other and

pledged to try to make their marriage strong again," the source said. "The ceremony lasted about an hour."

They turned up at the kabbalah centre in their gym clothes and changed into white robes. Everyone at the centre hopes that they will get through their recent rough patch."

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## Aniston disses plastic surgery

**LOOKS** Jennifer Aniston has ruled out plastic surgery, [femalefirst.co.uk](http://femalefirst.co.uk) reports. She says the only reason she'd consider surgery would be medical purposes.

"I once had the degree of my deviated septum operated on," she said. "Since then, I can breathe much better and sleep nights like a baby."

"The rest of my body is all mine. And absolutely natural. And it's going to stay that way. I am very satisfied with what God gave me."

Aniston also says she maintains her figure with yoga sessions: "I do the best I can to keep myself fit, both in body and mind."

METRO NEWS SERVICES



J.J. SAID IT WOULD!

J.J. Clarke

WATCH OTTAWA'S WEATHER LEADER



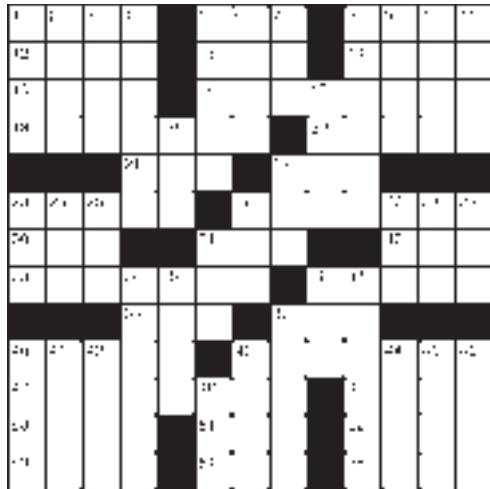
CTV NEWS  
Weeknights 6:00



# Fling with Emma Roberts?

Actor Alex Pettyfer has admitted he enjoyed a fling with actress Julia Roberts' niece Emma Roberts on the set of their latest film Wild Child. Although the pair is no longer together, the actor insists they are still on good terms. **IMDB.COM**

## Take Five



### Crossword down

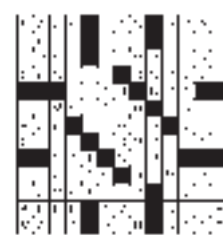
- 1 Gridlock sound
- 2 Stratagem
- 3 Speedy steed
- 4 Look-alike
- 5 Moist in the morn
- 6 Messes up
- 7 Mainlander's memento
- 8 Spider's creation
- 9 Luau dance
- 10 Works with
- 11 Netting
- 17 Zinger
- 19 Parcel of land
- 22 Lubricate
- 23 Playground pastime
- 24 Green, in a sense
- 25 Pen point
- 26 Serbian city
- 27 Fond du —, Wisc.
- 28 Wapiti
- 29 James Bond, e.g.
- 31 Kitten's call
- 34 Under-the-table payments
- 35 Leopold's partner
- 36 Bill
- 37 Optimally
- 39 Having a persistent odor
- 40 Blue hue
- 41 — ho (zealous)
- 42 Taunt
- 43 Tolerate
- 44 Tardy
- 45 Cupid's alias
- 46 Venetian blind part
- 48 Prune

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### Crossword across

- 1 Actor Pitt
- 5 Canto predecessor
- 8 One of the gang
- 12 Mark replacement
- 13 Earlier than
- 14 River of England
- 15 Jacob's brother
- 16 Bounces a basketball
- 18 Wilma's daughter
- 20 Flooded
- 21 Depressed
- 22 Raw rock
- 23 Doctrine
- 26 Fishermen's hopes
- 30 Expert
- 31 Wire measure
- 32 High mountain
- 33 Talks turkey?
- 36 Gauche
- 38 Tier
- 39 WWE surface
- 40 Texas A&M athlete
- 43 Lawrence Welk trademark
- 47 Nitpicks
- 49 Count counterpart
- 50 Cease to exist, old-style
- 51 Hearty tree
- 52 Old portico
- 53 Quite some time
- 54 Get nosy
- 55 Criterion

previous day's answer



### Horoscopes

AVATAR VENUS

#### ARIES

MARCH 21-APRIL 20

Have a serious chat with snobs. Vengeful remarks will fail to wound. A stranger's pep talk is loaded with wisdom.

#### TAURUS

APRIL 21-MAY 21

Forgiveness lies in store at home. Hide the evidence of your bad habits. An elder wants you to share bad news.

#### GEMINI

MAY 22-JUNE 21

Your dread of surprises will wane. An outlandish situation will be changed. Don't commit to anything right now.

#### CANCER

JUNE 22-JULY 22

A lie will cause a quarrel. Be friendlier with a strange woman. Someone looks to you for inspiration.

#### LEO

JULY 23-AUG 23

A rival is crushed by a dream that comes true. Giving your opinion can win over a new contact. New rules will be brought down.

#### VIRGO

AUG 24-SEPT 22

Confusion about a friend's carelessness becomes tiring. It's time to wind up old business. A loner agonizes about a terrible decision.

#### LIBRA

SEPT 23-OCT 23

A passionate reaction will cause grief. A hysterical person will speak the truth. A woman needs no lessons on mind games.

#### SCORPIO

OCT 24-NOV 22

You'll feel frisky with someone you meet. A confident person reveals an obvious solution. Have an insightful dialogue about your issues.

#### SAGITTARIUS

NOV 23-DEC 21

Running an errand will get you out of a bad place. Expect a pessimist to support you. Perform spontaneous acts of kindness.

#### CAPRICORN

DEC 22-JAN 20

A volatile person will give you good news. A specialist will be raring to go. Be rational when you're feeling left out of things.

#### AQUARIUS

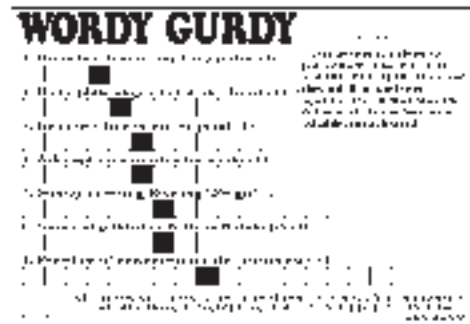
JAN 21-FEB 18

Your self-esteem will get a boost. Don't alarm others by being too fascinating. A problematic person will show a willingness to listen.

#### PISCES

FEB 19-MAR 20

A playmate wants things to change. An empty-headed man's gibberish will confuse everyone. Family health concerns must be dealt with.



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### This day in history

AUG. 26, 1748: The first Lutheran denomination in North America, the Pennsylvania Ministerium, is founded in Philadelphia, Pennsylvania.

AUG. 26, 1920: 19th amendment to United States Constitution takes effect, giving women the right to vote.

AUG. 26, 1957: The U.S.S.R. announces the successful test of an ICBM — a "super long distance intercontinental multistage ballistic rocket ... a few days ago," according to a Soviet news agency, ITAR-TASS.

AUG. 26, 1987: U.S. President Ronald Wilson Reagan proclaims September 11, 1987 as 9-1-1 Emergency Number Day.

METRO NEWS SERVICES

### HOW TO PLAY SUDOKU:

The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

3	7	2	1	5	9	6	4	8
4	8	9	3	6	2	7	5	1
5	1	6	8	7	4	9	3	2
8	2	5	4	9	3	1	6	7
1	6	4	7	8	5	2	9	3
7	9	3	6	2	1	5	8	4
6	4	8	9	1	7	3	2	5
2	3	7	5	4	6	8	1	9
9	5	1	2	3	8	4	7	6

SUDOKU SOLVE TIME IN MINUTES:

Under 13: ..... Genius  
13-17: ..... Scholar

17-21: ..... Smart  
21-25: ..... Not bad  
25+ ..... Keep practising  
[more games metronews.ca](http://moregames.metronews.ca)

### Ottawa weather

Afternoon



Mainly sunny.  
22°

Tonight



Clear.  
12°

Wednesday



Mainly sunny.  
24° / 15°

Thursday



Variable.  
22° / 14°

The Weather Network  
theweathernetwork.com



40%  
Showers.  
19° / 14°

Temperature Normals  
High: 24.9°  
Low: 13.5°

Records  
High: 34.4°/1949  
Low: 5.5°/1987

Sunrise: 6:17 a.m.  
Sunset: 7:50 p.m.  
Moonrise: 12:51 a.m.  
Moonset: 5:34 p.m.

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